

## Table of Contents

1. Al-Anon and Alateen- (306) 445-2748
2. Battlefords and Area Sexual Assault Centre- Phone: (306) 445-0055 Address- 211 98 St, North
3. Battlefords District Food and Resource Centre- Phone: (306) 937-5505 Address- 171 101 St, North Battleford
4. Battlefords Early Childhood Intervention Program (BECIP)-Phone 306) 446-4545 Address- 91 99th St
5. Battlefords Family Resource Centre- Phone- (306) 446-3416 Address- 1, 752-110 St North Battleford
6. The Battlefords Housing Authority (TBHA)- Phone: (306) 445-4393- Address 831 104 St, North Battleford
7. Battlefords Immigration Resource Centre- Phone: (306) 446-0622- Address- 761 C 106 St, North Battleford
8. Battlefords Indian and Métis Friendship Centre- Phone (306) 445-8216 Address 960 – 103rd Street, North Battleford SK S9A 1K2
9. Battlefords Interval House- Phone: (306) 445-2742- address 102 St, North Battleford
  - a. Battlefords Interval House Crisis Line- 306-445-2742
10. Battlefords Sexual Health Centre- 306- 937 6846- 1211 98th St, North Battleford
11. Battleford Trade and Education Services- Phone: (306) 445-6141 Address- 801 105 St, North Battleford
12. Battlefords Urban Native Housing Corporation- Phone: (306) 937-7791- Address- 176 22 St, Battleford
13. Battlefords Victim Services- Phone- 306 445 1550 Address- 1550 101st Street North Battleford
14. Battle River Treaty 6 Health Centre- Phone: (306) 937-6700 Address- 202 101 St, North Battleford
15. Bridges for Children- Phone (306) 445-3009 Address- 371 103 St, North Battleford
16. BGC Battlefords (Boys and Girls Club) - Phone: (306) 445-000 Address - 1301 104 St, North Battleford, SK S9A 1N91
17. Catholic Family Services of the Battlefords- Phone 306 445 5900- Address 1272 101 St, North Battleford
18. Child and Youth- 306-446-6555- address 203-891- 99<sup>th</sup> Street North Battleford
19. Concern for Youth- 306-441-6930- 1361 101st St, North Battleford SK
20. Counselling Connect Saskatchewan: [www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca). Offers free counselling.
21. Domestic Violence Helpline: 1-888-338-0880
22. First Nations Hope for Wellness Line- 1-855-242-3310
23. Healthline- 811
24. Hopeview Residence (Recovery Centre)- (306) 446-7370 Address 1891 96 St, North Battleford
25. KidsFirst Battlefords- (306) 937-6855 Address 1192 101 St, North Battleford
26. Kids Help Phone: 1-800-668-6868
27. Kanawayimik Child and Family Services Inc. Phone: (306) 445-3500 Address 91 23 St, Battleford
28. KEYANOW Child & Family Centre Inc.- Phone: (306) 445-4149- 691- Address- 109 St, North Battleford
29. Mental Health and Addictions- 306-446-6500- Address 1092-107<sup>th</sup> Street North Battleford
30. Missing and Murdered Crisis Line: 1-844-413-6649
31. Midwest Food Resources- Phone: (306) 446-2684 Address 0202 11 Ave, North Battleford
32. Miywasin Kikinow- Phone: (306) 446-1406- Address: 962 102nd St, North Battleford SK S9A1E4
33. Narcotics Anonymous Meetings- Phone 1-888-519-4445
34. Prairie Employment Program- Phone: (306) 445-6404 Address 1371b 100 St, North Battleford
35. Sexual Assault Hotline- Local- 306-445-0555- Operated by the North Battleford Sexual Assault Centre
36. Sexual Abuse Hotline- TEXT: 741741
37. Social Services- Emergency Placement- 306 441 3801
38. Suicide Crisis Helpline: Text 988
39. Teen Line- Text: 686868 or call 1-800-668-6868
40. Territorial Youth Services- Phone: (306) 445-5158- Address- 2302 Clements Dr, North Battleford
41. Trans Lifeline- 1-877-330-6366
42. The Hope for Wellness Help Line: 1-855-2423310 or [hopeforwellness.ca](http://hopeforwellness.ca) (online chat)
43. 24-Hour National Indigenous Residential School Crisis Line: 1-866-925-4419

## **BATC Community Communities**

1. Ahtahkakoop Cree Nation- (306) 468-2747
2. Moosomin First Nation- (306) 386-2223
3. (306) 386-2206
4. Mosquito- 306 937 3149
5. Red Pheasant 1-306-937-2531
6. Saulteaux First Nation (306) 386-2067-
7. Sweetgrass- (306)-937-2115

## **Program Descriptions**

### **AI-Anon and Alateen- (306) 445-2748**

- A free self-help program for recovery from addictive behaviours operated through in-person or online groups. Support individuals who have chosen to abstain or are considering abstinence from any type of addictive behaviour (substances or activities) by teaching how to change self-defeating thinking, emotions, and actions, and to work towards long-term satisfactions and quality of life. Not a twelve-step program. Based on cognitive/behavioural methods.  
ELIGIBILITY- Individuals who have chosen to abstain or are considering abstinence from any type of addictive behaviour (substances or activities).

### **Battlefords and Area Sexual Assault Centre- Phone: (306) 445-0055 Address- 211 98 St, North**

- Counselling and Advocacy Services- Provides counselling for sexual assault survivors and their families and friends. Counselling staff provide practical tools and coping mechanisms to empower the client to make strides in their healing journey.

### **Battlefords District Food and Resource Centre- Phone: (306) 937-5505 Address- 171 101 St, North Battleford**

- Emergency food for residents of North Battleford, Battleford and surrounding area.

### **Battlefords Early Childhood Intervention Program (BECIP)-Phone 306) 446-4545 Address- 891 99th St**

- North Battleford (Provides home based services and supports to families with Ministry of Education funding for children who are birth to school age, who are developmentally delayed or at risk for delay. Services help identify and implement realistic goals for their children and family and advocate for services within their community of choice. ELIGIBILITY. Children birth - 5 years of age who are developmentally delayed or at risk of developmental delays and their families.
- Specialized Support Initiative- Helps school aged children 6 -18 years of age with diverse needs thrive in their homes and learning environments by providing support to their families, schools, and communities.

### **Battlefords Family Resource Centre- Phone- (306) 446-3416 Address- 1, 752-110 St North Battleford**

- A place where young children from prenatal to age 5 and their caregivers can play, learn and grow together. There is NO COST for families to visit or attend programming. All families are welcome."

### **The Battlefords Housing Authority (TBHA)- Phone: (306) 445-4393- Address 831 104 St, North Battleford**

- TBHA exists to ensure, on behalf of Saskatchewan Housing Corporation, that adequate, affordable, and well-maintained housing is accessible to all residents of North Battleford and Battleford areas. By delivering housing programs and services that support the dignity and worth of individuals and families we contribute to the physical, social, emotional, and economic wellbeing of our clients and our society.

**Battlefords Immigration Resource Centre- Phone: (306) 446-0622- Address- 761 C 106 St, North Battleford**

- The Battlefords Immigration Resource Centre is a first-stop welcome centre for newcomers to Canada who require information and referrals to assist them in their successful settlement in the Battlefords region. This region includes Battleford, Cut Knife, Kerrobert, Kindersley, Luseland, Meadow Lake, North Battleford, Spiritwood, Wilkie, Unity and surrounding areas.
- The Centre provides a warm and welcoming environment for newcomers, acts as a Regional Newcomer Gateway connecting them more quickly and effectively to the information, resources, services and people they need to make their move to Saskatchewan a success. The Centre is proud to offer the following: Wayfinding and Referral Services; Special Events; Interpretation Services; Cultural Mentors; Client Computers with Internet

**Battlefords Indian and Métis Friendship Centre- Phone (306) 445-8216 Address 960 – 103rd Street, North Battleford SK S9A 1K2**

- Multipurpose centres in urban settings that welcome members of First Nations, Métis and Inuit communities and offer a wide variety of culturally appropriate services and activities, including general support for those who are new to urban life. Operates under a status-blind policy, which means anyone can make use of the services and programs.
- Provides a walk-in centre which offers:
  - Cultural programming
  - Food bank (Friday mornings)
  - Assists in finding housing
  - Youth Programs
  - Senior Programs
- Income Tax Preparation- Helps prepare personal tax returns for individuals who have low income and a simple tax situation.

**Battlefords Interval House- Phone: (306) 445-27422092 102 St, North Battleford**

- Offers free, safe housing for women, 16 years and older and their children experiencing interpersonal violence or abuse. Can accommodate up to six families. Provides- basic needs including food, clothing, and personal supplies; a secure, safe, confidential, supportive environment while the family is in crisis; guidance and support to overcome crisis; transportation to attend school or appointments; reestablishment support referrals to community resources; support, information and learning opportunities regarding the issue of domestic violence. ELIGIBILITY- Females -age 16 years and up -with or without children.
- Battlefords Residential Services Inc- Phone: (306) 446-8830 Address=607 St Laurent Dr, North Battleford, Provides residential and support services for individuals with intellectual or physical difficulties.
- Provides a one-bedroom private suite in the basement of a group home that supports people who need respite.

**Battleford Trade and Education Services- Phone: (306) 445-6141 Address- 801 105 St, North Battleford,**

- Provides day programming services to individuals experiencing disabilities and assisting them in pursuit of independence and quality of live.

**Battlefords Sexual Health Centre- 306- 937 6846- 1211 98th St, North Battleford**

- Provide services that deal with the effects and risks of sexual abuse by providing counseling, crisis support, education, and advocacy services to individuals and Communities.

**Battlefords Urban Native Housing Corporation- Phone: (306) 937-7791 Address- 176 22 St, Battleford**

- Places single parents, seniors and low-income families in affordable housing throughout the Battlefords.

## **Battlefords Victim Services- Phone- 306 445 1550 Address- 1550 101<sup>st</sup> Street North Battleford**

- Battlefords Victim Services is dedicated to supporting Victims of Crime and Trauma. By understanding and listening to the needs of victims, trained staff and volunteers are able to expedite the process of sorting out where to go to for help.
- Victim Compensation- Battlefords Victim Services can connect you to programs to help you cope with what has happened, including the Victims Compensation Program. The Victim Compensation program can provide payment for reasonable expenses resulting from a violent crime. While compensation may not address all of your concerns as a victim, it may help you recover some of the expenses related to the crime. Expenses resulting from property crimes are not covered by Victims Compensation.
- Restitution for Victims of Crime
- Battlefords Victim Services offers a range of services to help you cope with what has happened, including assistance with a Restitution application.
- Restitution - Restitution is money ordered by the court to be paid to a victim as part of an offender's sentence. It is money paid to a victim for the actual loss or damage resulting from crime. This is one way the offender can make up for the harm you have experienced.
- Victims of Domestic Violence
- Battlefords Victim Services offer a range of services to help you cope with what has happened, including situations involving Victims of Domestic Violence. Victim Services mainly provides support to victims when the abuse is deemed criminal. We provide support to children and adults affected by domestic violence. We can also offer support and services to adult victims of domestic violence without a report made to the police.
- Battlefords Domestic Violence Treatment Options Court Victim Support Worker- Our program employs a dedicated DVTO Court Victim Support Worker. The support worker can guide the victim of domestic violence through the unique aspects of this court. If a charge is laid in relation to intimate partner abuse, it is likely that the accused will make his/her first court appearance in the DVTO court. The support worker can meet with the victim to offer information about community resources, safety planning, risk assessment, and Criminal Justice System procedures. Some common community resources available to victims of domestic violence are personal counselling, women's support group, and programming for children exposed to domestic violence.
- Aboriginal Resource Officer Program- provides Aboriginal victims of crime and trauma with crisis intervention and support, criminal justice information, referrals to appropriate services, assistance with applications for Victims Compensation and/or Restitution and Victim Impact Statements, court orientation, court accompaniment, and case updates.
- Victim Impact Statements- A Victim Impact Statement is your opportunity to tell the court how this crime has affected you and those around you. You can provide a description of the physical or emotional harm, property damage, or economic loss suffered by you as a result of the crime. The judge will consider the statement if the person found guilty of the crime is sentenced. You may also read the statement out loud in court if you want

## **Battle River Treaty 6 Health Centre- Phone: (306) 937-6700 Address- 202 101 St, North Battleford**

- Rapid Access to Addiction Medicine (RAAM) Clinic-
  - The Rapid Access to Addiction Medicine (RAAM) clinic is a partnership between Battlefords Family Health Centre and Saskatchewan Health Authority to provide a team-based addiction service offering counselling, case management, and medical treatment and support for substance use and substance-based addiction. The long-term goal of the program is to create healthy living within a process where the client actively participates. The RAAM Clinic will provide timely access to people looking to make changes in their substance use and addictions. Care will be provided by a multi-disciplinary team who will work with each person to create a care plan to help them meet their needs and goals.
- Healthy Families Program-
  - The Healthy Families Programs department services clients from prenatal to 18 years of age. We provide services and programming that are designed to encourage & instill

pride in our culture, language, traditions, and Nehiyaw ways of knowing. The Healthy Families Program Department consists of the following:

- Family Health Workers: School based dental program – Dental; Therapist/Supervisor & Dental Assistant; Children’s Oral Health Initiative-COHI/Dental Aide; Jordan’s Principle-Jordan’s Principle Service Coordinator; Daycare Support, Monitoring & Licensing; Head Start Home Visitors; Head Start Home Visitor/Support Work; Early Childhood Development Outreach Coordinator; Cultural Facilitator; Car Seat Program
- Battlefords Family Health Centre-
  - Physicians and a nurse practitioner provide a broad range of services to individuals and families with a focus on prevention, early detection and by connecting patients to other services in the community. Services are accessed by appointment, with same day appointments available. With a focus on holistic care, BFHC has several teams who work in a collaborative care model. The clinical team consists of family physicians, a nurse practitioner, an RN, a mental health counselor, and visiting professionals that can include diabetes nurses, dietician, and infectious disease doctor.
- Community Based Program
  - Our community-based public health programs are designed to help prevent illness by promoting, supporting, and encouraging healthy behaviours and habits for all ages and stages. The Community Based Health Department includes: Community Health or Public Health Nursing; Home Care Nursing; Home Health Aide Services; Palliative Care; Dieticians; Hospital Liaison; Diabetes Nurse Educator; Exercise Therapist; Environmental; Health; Emergency Management; Maternal Child Health (Family Health Worker); Maternal Mental Health programs
- Wellness Program-
  - Battle River Treaty 6 Health Services Wellness Program strives to provide wholistic and culturally appropriate mental health and addictions services, and support communities in building a capacity for wellness. We are here to provide inclusive and trauma informed services. If we cannot meet your needs, we will do our best to find the right fit for you.
- Counselling Services-
  - Youth Wellness Counselling:
    - Provides counselling for youth ages 10 to 17 years of each in the community
    - Works closely with the school in the community
    - Does work with other youth that are not attending the community school
    - Support youth for various mental health and/or addictions needs
    - Supports youth who need to attend an addiction treatment facility; pre, during and post treatment
    - Provides education on wellness, mental health and addictions
    - Works with school and community staff on meeting the wellness needs of students
  - Adult Wellness Counselling:
    - Provides counselling for adults ages 18+ in each community
    - Does both addictions and mental health counselling
    - Provides referrals to addictions treatment centres based on client need, including pre, during and post treatment support
    - Works on aftercare support
    - Makes appropriate referrals as needed
    - Works with individuals on probation
    - Includes culture into services based on client need
- Matrix Intensive Outpatient Addictions Program-
  - Outpatient Treatment Program- For 10 weeks, clients attend several intensive outpatient treatment sessions per week which incorporates: Early recovery skills group- 8 sessions; Relapse prevention group – 32 sessions; Family Education group – 12 sessions; Social support group – 36 sessions; Individual and conjoint sessions – 6 sessions

- Maternal Child Health Program.
  - Goal is to provide culturally appropriate support to promote and encourage a healthy baby, a healthy family, and a healthy community. They are liaisons with the community and the program to identify and inform prenatal and post natal women of the health services and programs delivered in their community. They work closely with the prenatal women with the goal of reducing the risk of poor birth outcomes by providing early access to supports services and education. They provide ongoing, strength-based support, education, and advocacy services, primarily through home visits, to prenatal and post natal clients.
- Battlefords Sexual Health Clinic-
  - The Sexual Health Team is a partnership between Battlefords Family Health Centre, Battle River Treaty 6 Health Centre Inc., and Saskatchewan Health Authority, open since May 2000. Battlefords Sexual Health Clinic provides services that focus on prevention, health promotion, counselling, screening, diagnosis, and treatment of sexually transmitted infections, as well as patient and family support for HIV. Community Health and Public Health Nurses, along with harm reduction outreach staff are available for the following services: Testing and treatment of sexually transmitted infections; HIV testing; Pregnancy testing; Harm Reduction: includes the distribution of safer injection and inhalation equipment, education on safe disposal and use of supplies; Naloxone Kits: Provide kits, along with training on how to use. Birth control counselling and education; Sexual health counselling; Preventative Education and supports; Patient and family support for HIV and Hepatitis C; Condom distribution
- Harm Reduction Services-
  - Battle River Treaty 6 Health Centre and Battlefords Family Health Centre works from a harm reduction perspective and integrates harm reduction into all its services, as part of its comprehensive health services. BRT6HC and BFHC partners with the Saskatchewan Health Authority on several initiatives including provision of harm reduction supplies, harm reduction outreach van, Naloxone kits distribution, mental health and addictions supports, and education/supports on safer substance use, addiction, mental health, and training for service providers. Harm reduction is grounded in working alongside the community and being client centred.
- Urban Wellness Services-
  - The Wellness department offers services in the Battlefords Urban area. These include: youth counselling (10-17 years of age) for mental health and addictions; adult counselling for mental health and addictions; Cultural support. Access to support for residential schools, day school, 60 scoop survivors; Urban Liaison worker coordinates services for BRT6HC clients at the mental health unit in the hospital; living at a shelter or supportive housing or seeking housing. This resource can connect you to the right services you are looking for. They also support clients in crisis.; Youth Transition worker coordinates services for BRT6HC youth in the Battlefords and the surrounding communities who need additional supports and access to services. They also support clients in crisis.
- Community Wellness Program
  - Community Wellness Program BRT6HC employs Community Wellness Workers. Their goals are to provide culturally appropriate outreach, mental health and addictions related education, chronic disease support/programming and other community-based support to assist communities to maximize knowledge in mental health and wellness. They have a strong emphasis on holistic health promotion and community capacity building and works within a harm reduction framework. The Community Wellness workers will work with you to provide various presentations and awareness services in your community. These include but are not limited to the following: Traditional Tobacco teachings; Smoking Cessation; ASIST training (Applied Suicide Intervention Skills Training); SafeTALK training (suicide alertness for everyone); Mental health awareness; Grief and loss support; Addictions recovery support and education; Harm reduction education and naloxone education

### **Bridges for Children- Phone (306) 445-3009 Address- 371 103 St, North Battleford**

- Provides support for children under the age of 12, and their families, who are having contact with the RCMP, through a family centred, team-based and strength focused process call “WrapAround” to help families strategically and effectively address their needs and challenges. ELIGIBILITY- For children under the age of 12 who are having contact with the RCMP.

### **Catholic Family Services of the Battlefords- Phone 306 445 5900- Address 1272 101 St, North Battleford**

- Family Support Services Program- Provides general counselling to any member of the public who needs help with challenges in their lives. Staff have training and experience with multiple counselling modalities and help clients resolve issues, problems and conflict. Fees are based on annual household income. Employee and Family Assistance Programs or insurance benefits may cover the cost of services.
- Family Violence Outreach- Provides prevention, intervention and therapeutic support services to victims of violence and those at risk of violence. Support is provided in the form of counselling, safety planning, advocacy, referral, and group presentation and workshops. Offered in partnership with the Ministry of Justice and Attorney General.
- Family Support Services Program- A home-based service focusing on the healthy development of families and children. Priority is to ensure the safety of children. Goal is to maintain the family unit or support the healthy reunification of children with their families, whenever it is possible, and only when it is safe. Support services concentrate on parenting, daily living skills, personal wellness, and community resources. Offered in partnership with the Ministry of Social Services.

### **Child and Youth- 306-446-6555- address 203-891- 99<sup>th</sup> Street North Battleford**

- Children and youth mental health services work to meet the mental health needs of children and youth in Saskatchewan. Services are available to children and youth with serious and persistent mental health disorders, with less severe mental health and behavioural challenges, and those who are at risk of developing mental health and behavioural problems.

### **Concern for Youth- 306-441-6930- 1361 101st St, North Battleford SK**

- Concern For Youth, a non-profit charitable organization that has been providing outreach and mentorship services to youth in our community since 1989. Our organization was formed by members of the community as a response to escalating gang activity, homelessness, and youth crime.

### **Counselling Connect Saskatchewan: [www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca)**

- Family Service Saskatchewan’s Rapid Access Counselling Program is delivered through a partnership of member agencies in communities across Saskatchewan. This service is funded by the Saskatchewan Health Authority. We offer quick access to brief mental health services for individuals, couples and families. We can help with concerns such as anxiety, depression, addictions, suicidal ideation, stress, relationship conflict, separation and divorce, domestic violence and parenting. Our services are prioritized for individuals who do not have access to workplace benefits, who live on a fixed or low income, and who would otherwise most often experience long waits for publicly funded services. Services are provided by professional counselors who hold education in the counselling and mental health field **and who are licensed with a professional regulatory body to provide this service.**
  - Free Walk-in Counselling- Same Day Appointments on alternating Thursdays. At the North Battleford Public Library (1392-101<sup>st</sup> Street North Battleford. To make an appointment email [www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca) or call Catholic Family Services at 306 445 6960.
  - Free Youth Counselling. To make an appointment email [www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca) or call Catholic Family Services at 306 445 6960.
  - Free counselling for Children and Their Caregivers. To make an appointment email [www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca) or call Catholic Family Services at 306 445 6960.

**BGC Battlefords (Boys and Girls Club) - Phone: (306) 445-000 Address - 1301 104 St, North Battleford, SK S9A 1N9**

- A non-profit agency, formerly known as Battlefords Boys and Girls Club, that provides recreational, cultural, educational, and social programs to meet the needs of children ages 5 – 14 years of age in the community. Provides a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

**HealthLine- 811**

A confidential, 24-hour health and mental health and addictions advice, education and support telephone line available to the people of Saskatchewan. It is staffed by experienced and specially trained Registered Nurses, Registered Psychiatric Nurses, and Registered Social Workers.

**Hopeview Residence (Recovery Centre)- (306) 446-7370 Address 1891 96 St, North Battleford**

- Offers a 28-day, inpatient treatment program including counselling, education and relapse prevention in a safe and supportive environment. Life skills training allows clients to further develop and enhance the skills needed for successful recovery.

**KidsFirst Battlefords- (306) 937-6855 Address 1192 101 St, North Battleford**

- A volunteer program that provides support and assistance to prenatal women and young families to help them become the best they can be and have the healthiest children possible. The program is for families with children aged prenatal to three years. Programming enhances parent knowledge, builds on family strengths, and provides support.

**Kanaweyimik Child and Family Services Inc. Phone: (306) 445-3500 Address 91 23 St, Battleford,**

- Child Protection Services
- Counselling Services- Provides counselling services to individuals, families and communities to help them sustain an environment of safety and well-being. First Nations cultural traditions, practices and ceremonies are supported to build strong children, youth and families.  
ELIGIBILITY- Members of Moosomin First Nation, Saulteaux First Nation, Sweetgrass First Nation, Mosquito First Nation
- Family Violence Program- Kanaweyimik receives funding from Saskatchewan Justice to provide urban family violence counseling and support services to all Aboriginal people. This project provides one-on-one counseling and anger management sessions on a weekly basis for both men and women. This project is the only service provider for the Battlefords Alternative Domestic Violence Court project. A special court for domestic violence charges is held every second Thursday. Persons charged with assault have the option of pleading guilty to charges, then are ordered by the judge to complete the Kanaweyimik Family Violence Treatment Program (KFVTP) and then this is factored into their sentencing which is adjourned until they complete the program.
- Warrior Program- 12-week program that focuses on trauma and inner child.

**KEYANOW Child & Family Centre Inc.- Phone: (306) 445-4149- 691- Address- 109 St, North Battleford**

- Family Enhancement Unit- The Keyanow Family Enhancement Unit works with individuals, family and community to create safe, healthy and nurturing environments where children, youth and families can learn and grow together. Services include advocacy; referrals and connection to community-based support services and resources, and continued assessment and monitoring to ensure that's service needs are being met. Additional services include home visits, individual and family counselling, and support through educational awareness and group activities.

**Midwest Food Resources- Phone: (306) 446-2684 Address 0202 11 Ave, North Battleford**

- Collective Kitchens- A small group of people (3 – 7) get together each month to plan, shop and prepare several meals to take home to their families. Participants contribute to the cost of the food.
- Fresh Food Box Program- The Fresh Food Box is a program that makes healthy eating more affordable for everyone (it is not a handout or charity). A fresh food box is a combination of fruit, vegetables, grain and a newsletter about how to use the food in the box. Customers pay \$10 or \$15 for a box. There is also a \$10 all fruit boxes. Volunteers pack the boxes. Local food is purchased for the boxes in season. Packing space is provided by community partners.
- Community Garden-10 people have a garden space to grow food for their families. Gardens are 12 meters by 10 meters or larger. There are new and experienced gardeners. Some of the seeds are provided or shared among gardeners. There is a garden shed to store tools and other items for the garden.

**Narcotics Anonymous Meetings- Phone 1-888-519-4445**

- Narcotics Anonymous meetings to help men and women for whom drugs have become a major problem.

**North Battleford Transitional Living- 306 445 5192**

- A program that provides single adults with affordable, stable, safe living chairs, household items, linen, houseware, etc.) units for a single (1) person.

**Prairie Employment Program- Phone: (306) 445-6404 Address 1371b 100 St, North Battleford**

- Readiness Employability Development- Provides programming to assist individuals with disabilities and/or multiple barriers, who are not yet at the point of job readiness, including development of life skills, employability skills, job search skills, interview skills, computer literacy training, and more.
- Employment Counselling- Assesses individuals with disabilities and/or multiple barriers as to their readiness and ability to work, including aptitude, interest, occupational, and vocational testing.
- Employment Preparation, Placement and Maintenance- Provides services to enhance the employability and job readiness of individuals with disabilities and/or multiple barriers, in order to facilitate their transition to sustainable employment- Employment Counselling; Resume and Cover Letter Preparation; Job Coaching
- Capacities Program- Refers people with disabilities and/or multiple barriers to employment that is suited to their capabilities. Provides: Employment Supports – to both the employer and employee to foster a successful match. Job Coach – when necessary, to help the new employee learn the job until he/she feels confident they have mastered all the required elements. Financial Assistance – may be available for the time period while the employee is in training.

**Saskatchewan Health Authority: Prairie North Health Region**

- Addiction Services- Provides assessment, individual and group counselling, problem gambling treatment, referrals to residential treatment, and community education.
- Mental Health: Adult Services-
  - Mental Health
    - Assessment and treatment
    - Alternatives to Violence program (North Battleford)
    - Women’s support group for victims of domestic violence (North Battleford)
  - Inpatient Services
    - Care for people with acute psychiatric illness in a 22-bed inpatient unit (Battlefords Union Hospital) Includes assessment, crisis intervention, stabilization, treatment, and early rehabilitation activities
  - Psychiatric Rehabilitation Services
    - Services and support for individuals with psychiatric disabilities and to individuals who are at risk of developing a long-term disability as a result of a

psychiatric illness. Includes assessment, supportive counselling, consultation, community treatment, medication management.

- Psychiatric Services
    - Offers diagnosis and treatment of mental disorders, including 24-hour emergency services, education, prevention, and rehabilitation.
  - Mental Health and Addictions: Child and Youth Services
    - Provides mental health and addictions services to children and youth and their families, including assessment, diagnosis, individual therapy, family therapy, and group therapy.
  - Population Health:
44. Therapeutic Integrated Pediatric Services Program- Provides specialized integrated service to children (birth to school entry age) with developmental delays and their families. Services are provided by a team of physiotherapists, occupational therapists, speech language pathologists, early childhood psychologists, KidsFirst, early childhood intervention program/ early childhood services, school division, public health nurses, and First Nation services.

**Territorial Youth Services- Phone: (306) 445-5158- Address- 2302 Clements Dr, North Battleford,**

- Our program provides youth who have been pushed to the margins of society to receive opportunities in employment and life skills.

**BATC Communities**

**Ahtahkakoop Cree Nation- (306) 468-2747**

- **ABORIGINAL DIABETES INITIATIVE (ADI)**- Our goal is to help prevent and reduce diabetes and its complications in our community by educating and promoting healthy living by providing holistic care and balance through physical, mental, spiritual and emotional care through programming.
- **CANADIAN ORAL HEALTH INITIATIVE**- The Canadian Oral Health Initiative (COHI) was developed in 2004-2006 as a means to address the disparity between the oral health of First Nations and Inuit and that of the general Canadian population.
- **COMMUNITY HEALTH REPRESENTATIVE (CHR)**- The CHR program improves the health and well-being of Ahtahkakoop community members through a holistic approach. The CHR program will promote healthy lifestyles and healthy choices. The CHR program assesses, plans, provides, and evaluates preventative, curative, and rehabilitative care for community members in a wide variety of settings including community and home-base services.
- **COHI**- focuses on the prevention of dental disease and promotion of good oral health practices. The goal of COHI is to shift the emphasis from a primarily treatment-based approach to a more balanced prevention and treatment focus.
- **COMMUNITY WELLNESS OUTREACH**- The Community Wellness Program plans and implements various programs in the community in the area of addiction prevention (i.e. alcohol, drug abuse, gambling, etc.).
- **FETAL ALCOHOL SPECTRUM DISORDER**- The FASD program is responsible for providing direct outreach, home visitation, case management, and advocacy services to high-risk mothers who have used alcohol and/or drugs heavily during pregnancy, and to their children, partners, and extended families when needed.
- **MATERNAL CHILD HEALTH AND PREVENTION (MCHP)**- Maternal Child Health is responsible for providing direct outreach, home visiting and advocacy to all mothers and their children, partners and extended families as needed. The MCHP program is responsible for ensuring our young population has appropriate screening and preventative measures in place.
- **HOLISTIC WELLNESS CENTRE**- Mental Health Therapy and Addictions Counselling Art-Based Therapy Group Therapy/Sharing Circles One on One Therapy Relationship Therapy Virtual Reality Mindfulness and Meditation
- **HOME CARE** - The Home Care Aid provides home management, personal care and respite to clients based on needs assessment. The goal is to promote client independent living.
- **JORDAN'S PRINCIPLE**- The Jordan's Principle is responsible for helping families access available funding through Health Canada, to address the unmet health needs of children up to the age of 18. They work in an outreach environment such as in homes, schools, and/or community agencies.

- **KNOW YOUR STATUS (KYS)**- Know Your Status is a Saskatchewan-wide initiative that aims to reduce the number of new HIV and Hepatitis C transmissions while connecting people living with HIV or Hepatitis C to treatment and care. Know Your Status promotes HIV and Hepatitis C testing as that is the only way to “know your status”.
- **NNADAP**- The NNADAP Program plans and implement various programs in the community in the area of addiction prevention (i.e., alcohol, drug abuse, gambling etc.)
- **MEDICAL TRANSPORTATION**- Medical Transportation is a service for clients and patients requiring transportation to a medical facility or appointment.
- **NURSING**- The Community Health Nurses are registered nurses that provide health promotion and illness and injury prevention programming.
- **AHTAHKAKOOP PHARMASAVE DEPOT**- The objective of the Ahtahkakoop Department is to reduce stress of community members going to town for prescription pick up and offering at home delivery services. The Ahtahkakoop Pharmacy Depot helps patients for any medication needs, such as refills, order, faxing prescriptions, and offering continuity of care. They also assist with referring questions the patients may have about their medication to the pharmacist.
- **THE CANADA PRENATAL NUTRITION PROGRAM**- The Canada Prenatal Nutrition Program (CPNP) assists Membership that are seeking holistic services and support in the area of prenatal support in the area of prenatal support, nutrition, pre/post-natal programming and teachings.

#### **Moosomin First Nation- (306) 386-2223**

Services Provided Include:

- Community Health Nursing
- Home care Nursing
- Medical Transportation.
- Addictions and wellness counselling
- Family Health Worker
- Mental Health Therapist

#### **Mosquito- 306 937 3149**

Currently, our people can access the mandatory and voluntary health programs and services, provided to on-reserve Status Indians by the First Nation and Inuit Health Branch (FNIHB) of Indigenous Services Canada (ISC), at our Mosquito Health Clinic or in town, at Battle River Treaty 6 Health Services (BRT6). These services are made available to on-reserve MGBHLM members and other Status Indians living in our community by the health delivery arm of Battlefords Agency Tribal Council, who currently manages the following services in our community:

- Fetal Alcohol Spectrum Disorder (awareness and education programming)
- Canada Prenatal Nutrition Program (breastfeeding and prenatal support)
- Aboriginal Head Start on Reserve (childhood health and education support)
- Healthy Child Development
- National Native Alcohol and Drug Abuse Program (awareness and understanding of substance abuse, providing healthy alternatives)
- Brighter Futures (community-based programs promoting Elder participation)
- Aboriginal Diabetes Initiative (promoting healthy eating and active living with youth and Elders)
- Home and Community Care
- Non-insured Health Benefits Program (develop and maintain a sustainable transportation system for aging membership)
- Solvent Abuse Program
- Mental Health Crisis Management
- Suicide Prevention (education, information, and healthy alternatives)
- Communicable Disease Control
- HIV/AIDS Strategy
- Children’s Oral Health Initiative (promotion of oral care practices)
- Community Health Promotion (injury/illness prevention focusing on environment and equipment)
- Health Consultation and Liaison

- Operations and Management
- Drinking Water Safety Plan (improving operations and maintenance of drinking water system)

### **Red Pheasant 1-306-937-2531**

- **Mental Health-** Your mental health matters. Stress, addiction, depression and other mental illness requires urgent attention. Counselling makes a difference, and our mental health team is here to help you with
- **Dental Therapy-** The Dental Therapy Program provides access to care for all RPCN members every Wednesday at the Clifford Wuttunee School. They deliver a range of preventative and treatment focused oral health services.
- **Children's Oral Health Initiative- C.O.H.I.** is an early childhood tooth decay prevention program aimed at children aged 0-7. C.O.H.I. provides toothbrushes and fluoride applications.
- **Jordan's Principle applications**
- **Massage Therapy-** Every Wednesday we offer massage therapy at the clinic. Massage therapy is the manipulation of the body's soft tissues.
- **Harm Reduction-** Harm reduction is a public health strategy and intervention that seeks to reduce the harms of associated drug use and ineffective drug policies.
- **Sexually Transmitted Infections (S.T.I)-** With positive STI cases on the rise, it's important to ensure these services are available. We provide confidential testing and follow-up for STI's. Access to safe-sex protection. Learn about Sex Education or speak to our nurse with any concerns.

### **Saulteaux First Nation (306) 386-2067-**

The mission of Saulteaux Health is to promote the health and well-being of Saulteaux membership by providing a holistic approach to health services delivery in a culturally appropriate and sensitive manner."

Services Include:

- Medical Transportation
- Homecare Nurses
- Home Health Aid
- Community Health Nurse RN
- Mental Health Counselling
- Addictions Counseling
- Medical Transportation
- Daycare Coordinator
- Early Childhood
- Elder
- Early Childhood Educator

### **Sweetgrass- (306)-937-2115**

- **Healthy Families Program-** The Healthy Families Programs department services clients from prenatal to 18 years of age. We provide services and programming that are designed to encourage & instill pride in our culture, language, traditions, and Nehiyaw ways of knowing.
- **The Healthy Families Program Department consists of the following:** Family Health Workers; School based dental program - Dental Therapist/Supervisor & Dental Assistant; Children's Oral Health Initiative-COHI/Dental Aide; Jordan's Principle- Jordan's Principle Service Coordinator; Daycare Support, Monitoring & Licensing; Head Start Home Visitors; Head Start Home Visitor/Support Work; Early Childhood Development Outreach Coordinator; Cultural Facilitator; Car Seat Program
- **Community-Based Health Services-** Our community-based public health programs are designed to help prevent illness by promoting, supporting, and encouraging healthy behaviours and habits for all ages and stages.
- **The Community Based Health Department includes-** Community Health or Public Health Nursing; Home Care Nursing; Home Health Aide Services; Palliative Care; Dieticians; Hospital Liaison; Diabetes Nurse Educator; Exercise Therapist; Environmental Health;

Emergency Management; Maternal Child Health (Family Health Worker); Maternal Mental Health programs.

- **Wellness Program-** Battle River Treaty 6 Health Services Wellness Program strives to provide wholistic and culturally appropriate mental health and addictions services, and support communities in building a capacity for wellness.
- **Maternal Child Health-** Our Maternal Child Health Program consists of 3 Family Health Workers. One worker for each community. They are a valued member of a multi-disciplinary health team. Their goal is to provide culturally appropriate support to promote and encourage a healthy baby, a healthy family, and a healthy community. They are liaisons with the community and the program to identify and inform prenatal and post natal women of the health services and programs delivered in their community. They work closely with the prenatal women with the goal of reducing the risk of poor birth outcomes by providing early access to supports services and education. They provide ongoing, strength-based support, education, and advocacy services, primarily through home visits, to prenatal and post natal clients.